



730 Third Avenue, New York, NY 10017-3206

# Your quarterly retirement savings portfolio statement

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For April 1, 2022 to June 30, 2022

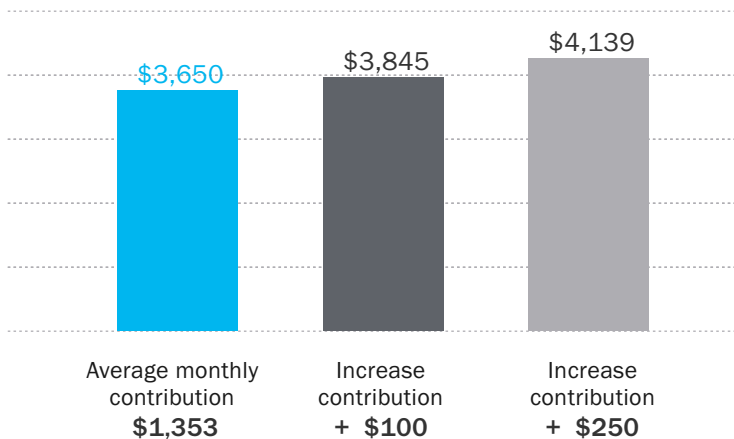
Your balance on June 30, 2022: **\$98,024.33**

Personal rate of return this quarter: **-14.01%**

For more details, see the "Summary of your portfolio activity" on Page 2.

## Will you have enough for retirement?

Based on your average monthly contribution of \$1,353.00 per month, your portfolio balance and age, you will receive an estimated monthly lifetime income of **\$3,650.00** when you retire.



**Important information: This projection may differ from other projections available through your online account or the Advice service due to general assumptions about retirement age, Social Security, inflation and other factors.**

For a more detailed review of your retirement income options, visit [TIAA.org/retirementadvisor](https://TIAA.org/retirementadvisor).

*These charts are purely hypothetical and do not illustrate past or projected performance.*

**Matthew**, Save time and protect your personal information by signing up for eDelivery today. Visit [TIAA.org/GoPaperless](https://TIAA.org/GoPaperless).

**Questions about your portfolio?**

Sign on to [TIAA.org](https://TIAA.org) | Call **800-842-2252** for 24-hr automated information | Call center hours: Weekdays 8 a.m. to 10 p.m. (ET). (Español disponible)

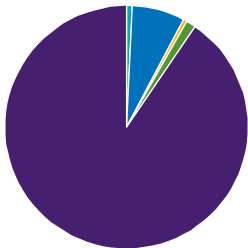
Hearing impaired: TTY **800-842-2755**

## Summary of your portfolio activity

	This quarter	This year
Beginning balance	\$108,978.35	\$112,069.09
Your contributions	2,448.74	4,547.66
Employer contributions	2,203.88	4,092.92
Other Credits	300.65	300.65
Distributions/Other Debits	- 300.65	- 300.65
Fees	- 0.49	- 1.03
Gains/Loss	- 15,613.77	- 22,698.30
TIAA Interest	7.62	13.99
<b>Ending balance</b>	<b>\$98,024.33</b>	<b>\$98,024.33</b>
<b>Personal rate of return</b>	<b>-14.01%</b>	<b>-19.34%</b>

This figure is an estimate of the performance of the assets in your retirement portfolio, as reflected on this statement, that are maintained at TIAA during the period(s) specified. Past performance is not a guarantee of future results. Please refer to the "Information about your portfolio" section for more information.

## How your portfolio is allocated



Asset class	Value as of Jun 30, 2022	Percent of your total portfolio
Guaranteed	\$756.05	0.77%
Equities	6,870.89	7.01%
Real Estate	456.04	0.47%
Fixed Income	1,223.84	1.25%
Multi-Asset	88,717.51	90.50%
<b>Total</b>	<b>\$98,024.33</b>	<b>100.00%</b>

These asset allocation percentages may not be exact due to rounding.

# 1 RHODE ISLAND BGHE DEFINED CONTRIBUTION RETIREMENT PLAN

Plan # 151019

This plan includes the following annuity contracts and other investments. The annuity contracts are indicated with either TIAA or CREF followed by a number.

TIAA D29622I-0, CREF V29622I-7

TIAA L18743X-3, CREF M18743X-1

## Summary of your activity

Balance as of Apr 1, 2022	\$96,905.80
Your contributions	2,448.74
Employer contributions	2,203.88
Gains/Loss	- 14,091.76
<b>Balance as of Jun 30, 2022</b>	<b>\$87,466.66</b>

## What you have vested

Annuity contracts and other investments	Your contributions		Your employer's contributions		Total
	Vested percent	Vested balance	Vested percent	Vested balance	
(TIAA D29622I-0, CREF V29622I-7) & Other Investments	100%	\$30,157.40	100%	\$54,283.31	\$84,440.71
(TIAA L18743X-3, CREF M18743X-1) & Other Investments	100%	3,025.95	n/a	n/a	3,025.95
<b>Total</b>		<b>\$33,183.35</b>		<b>\$54,283.31</b>	<b>\$87,466.66</b>

## Your investments

Annuity contracts and other investments	Number of units/shares	Unit/share price as of Jun 30, 2022	Value as of Jun 30, 2022	Percent of your total plan
<b>Pre-Tax Investments</b>				
<b>Multi-Asset</b>				
T-C Lifecycle 2045-Inst	7,527.2509	\$11.6200	\$87,466.66	100.00%
Total Multi-Asset			\$87,466.66	100.00%
<b>Total value of your investments</b>			<b>\$87,466.66</b>	<b>100%</b>

## RHODE ISLAND BGHE DEFINED CONTRIBUTION RETIREMENT PLAN (Continued)

## How the value of your investments changed this period

To view the current performance for your specific investments, log in to your account at [TIAA.org](https://TIAA.org) or you can visit [TIAA.org/performance](https://TIAA.org/performance) for general performance information.

Investments	Value as of Apr 1, 2022	Net result of transactions	TIAA interest/ Gain or loss	Value as of Jun 30, 2022
T-C Lifecycle 2045-Inst	\$96,905.80	\$4,652.62	- \$14,091.76	\$87,466.66
<b>Total value of your investments</b>	<b>\$96,905.80</b>	<b>\$4,652.62</b>	<b>- \$14,091.76</b>	<b>\$87,466.66</b>

## Your transaction details

Processing date	Effective date	Description	Number of units/shares	Unit/ share price	Amount
<b>Employee Pre-Tax Contributions</b>					
4/1/2022	4/1/2022	Contribution T-C Lifecycle 2045-Inst	12.8421	\$13.6200	\$174.91
4/1/2022	4/1/2022	Contribution T-C Lifecycle 2045-Inst	12.8421	13.6200	174.91
4/18/2022	4/18/2022	Contribution T-C Lifecycle 2045-Inst	13.3113	13.1400	174.91
4/18/2022	4/18/2022	Contribution T-C Lifecycle 2045-Inst	13.3113	13.1400	174.91
4/29/2022	4/29/2022	Contribution T-C Lifecycle 2045-Inst	13.9260	12.5600	174.91
4/29/2022	4/29/2022	Contribution T-C Lifecycle 2045-Inst	13.9260	12.5600	174.91
5/13/2022	5/13/2022	Contribution T-C Lifecycle 2045-Inst	14.3251	12.2100	174.91
5/13/2022	5/13/2022	Contribution T-C Lifecycle 2045-Inst	14.3251	12.2100	174.91
5/27/2022	5/27/2022	Contribution T-C Lifecycle 2045-Inst	13.8160	12.6600	174.91
5/27/2022	5/27/2022	Contribution T-C Lifecycle 2045-Inst	13.8160	12.6600	174.91
6/10/2022	6/10/2022	Contribution T-C Lifecycle 2045-Inst	14.5274	12.0400	174.91
6/10/2022	6/10/2022	Contribution T-C Lifecycle 2045-Inst	14.5274	12.0400	174.91
6/24/2022	6/24/2022	Contribution T-C Lifecycle 2045-Inst	14.6860	11.9100	174.91
6/24/2022	6/24/2022	Contribution T-C Lifecycle 2045-Inst	14.6860	11.9100	174.91
<b>Your total contributions</b>					<b>\$2,448.74</b>

## RHODE ISLAND BGHE DEFINED CONTRIBUTION RETIREMENT PLAN (Continued)

## Your transaction details - continued

Processing date	Effective date	Description	Number of units/shares	Unit/share price	Amount
<b>Employer</b>					
4/1/2022	4/1/2022	Contribution T-C Lifecycle 2045-Inst	23.1160	\$13.6200	\$314.84
4/18/2022	4/18/2022	Contribution T-C Lifecycle 2045-Inst	23.9604	13.1400	314.84
4/29/2022	4/29/2022	Contribution T-C Lifecycle 2045-Inst	25.0669	12.5600	314.84
5/13/2022	5/13/2022	Contribution T-C Lifecycle 2045-Inst	25.7854	12.2100	314.84
5/27/2022	5/27/2022	Contribution T-C Lifecycle 2045-Inst	24.8689	12.6600	314.84
6/10/2022	6/10/2022	Contribution T-C Lifecycle 2045-Inst	26.1495	12.0400	314.84
6/24/2022	6/24/2022	Contribution T-C Lifecycle 2045-Inst	26.4349	11.9100	314.84
<b>Total employer contributions</b>					<b>\$2,203.88</b>

Salary reduction contributions have been received from your employer on your behalf. Please compare the information on your pay stub to the Effective Date of the contributions on this statement.

## How contributions are allocated

To view or change your current asset allocation or allocation of future contributions, visit [TIAA.org](https://TIAA.org) and sign in to the secure portion of our website.

Investments	Your contributions	Employer contributions
T-C Lifecycle 2045-Inst	100.00%	100.00%
<b>Total</b>	<b>100%</b>	<b>100%</b>



# UNIVERSITY OF OKLAHOMA 401(A) DEFINED CONTRIBUTION PLAN

Plan # 103770

This plan includes the following annuity contracts and other investments. The annuity contracts are indicated with either TIAA or CREF followed by a number.

TIAA 3669343-0, CREF 4669343-8

## Summary of your activity

Balance as of Apr 1, 2022	\$10,606.43
Other Credits	300.65
Distributions/Other Debits	- 300.65
Gains/Loss	- 1,307.23
TIAA Interest	7.62
<b>Balance as of Jun 30, 2022</b>	<b>\$9,306.82</b>

## What you have vested

This plan includes a delayed vesting provision that may apply to some or all employees. If the vesting provision applies to you, the vested status of any employer contributions and earnings are generally based on your length of employment at your employer. A vested percentage and vested market value is not currently displayed for any participants in this plan because the employer currently maintains this information. This message is not intended to describe your personal vesting status. Please see the plan's Summary Plan Description for more information about the vesting rules for this plan.

## Your investments

Annuity contracts and other investments	Number of units/shares	Unit/share price as of Jun 30, 2022	Value as of Jun 30, 2022	Percent of your total plan
<b>Pre-Tax Investments</b>				
<b>Guaranteed</b>				
TIAA Traditional (TIAA 3669343-0)	n/a	n/a	\$756.05	8.12%
Total Guaranteed			\$756.05	8.12%
<b>Equities</b>				
CREF Growth R3 (CREF 4669343-8)	1.5150	\$278.8552	\$422.47	4.54%
CREF Equity Index R3 (CREF 4669343-8)	5.7012	325.3331	1,854.79	19.93%
CREF Global Equities R3 (CREF 4669343-8)	20.0372	229.2552	4,593.63	49.36%
Total Equities			\$6,870.89	73.83%
<b>Real Estate</b>				
TIAA Real Estate (TIAA 3669343-0)	0.7994	\$570.4727	\$456.04	4.90%
Total Real Estate			\$456.04	4.90%

## UNIVERSITY OF OKLAHOMA 401(A) DEFINED CONTRIBUTION PLAN (Continued)

## Your investments - continued

Annuity contracts and other investments	Number of units/shares	Unit/share price as of Jun 30, 2022	Value as of Jun 30, 2022	Percent of your total plan
<b>Pre-Tax Investments - continued</b>				
<b>Fixed Income</b>				
CREF Inf-Linked Bond R3 (CREF 4669343-8)	15.3037	\$79.9700	\$1,223.84	13.15%
Total Fixed Income			\$1,223.84	13.15%
<b>Total value of your investments</b>			<b>\$9,306.82</b>	<b>100%</b>

## How the value of your investments changed this period

To view the current performance for your specific investments, log in to your account at [TIAA.org](https://TIAA.org) or you can visit [TIAA.org/performance](https://TIAA.org/performance) for general performance information.

Investments	Value as of Apr 1, 2022	Net result of transactions	TIAA interest/ Gain or loss	Value as of Jun 30, 2022
TIAA Traditional	\$748.43	\$0.00	\$7.62	\$756.05
TIAA Real Estate	622.54	- 192.46	25.96	456.04
CREF Inf-Linked Bond R3	1,374.26	- 108.19	- 42.23	1,223.84
CREF Growth R3	518.24	19.84	- 115.61	422.47
CREF Equity Index R3	2,189.55	32.55	- 367.31	1,854.79
CREF Global Equities R3	5,153.41	248.26	- 808.04	4,593.63
<b>Total value of your investments</b>	<b>\$10,606.43</b>	<b>\$0.00</b>	<b>-\$1,299.61</b>	<b>\$9,306.82</b>

## Your transaction details

Processing date	Effective date	Description	Number of units/shares	Unit/ share price	Amount
<b>Other Credits</b>					
5/9/2022	5/9/2022	Re-balance Transfer (CREF 4669343-8) CREF Equity Index R3	0.0953	\$341.5257	\$32.55
5/9/2022	5/9/2022	Re-balance Transfer (CREF 4669343-8) CREF Growth R3	0.0679	292.0955	19.84
5/9/2022	5/9/2022	Re-balance Transfer (CREF 4669343-8) CREF Global Equities R3	1.0408	238.5200	248.26
<b>Total Other Credits</b>					<b>\$300.65</b>

## UNIVERSITY OF OKLAHOMA 401(A) DEFINED CONTRIBUTION PLAN (Continued)

## Your transaction details - continued

Processing date	Effective date	Description	Number of units/shares	Unit/share price	Amount
<b>Distributions/Other Debits</b>					
5/9/2022	5/9/2022	Re-balance Transfer (CREF 4669343-8) CREF Inf-Linked Bond R3	- 1.3362	\$80.9654	- \$108.19
5/9/2022	5/9/2022	Re-balance Transfer (TIAA 3669343-0) TIAA Real Estate	- 0.3476	553.6086	- 192.46
<b>Total Distributions/Other Debits</b>					<b>- \$300.65</b>

### 3 THE FORSYTH INSTITUTE DEFINED CONTRIBUTION PLAN

Plan # 407933

This plan includes the following annuity contracts and other investments. The annuity contracts are indicated with either TIAA or CREF followed by a number.

TIAA F025J63-4

## Summary of your activity

Balance as of Apr 1, 2022	\$1,466.12
Fees	- 0.49
Gains/Loss	- 214.78
<b>Balance as of Jun 30, 2022</b>	<b>\$1,250.85</b>

**Department of Labor Lifetime Income Illustrations Required Disclosure.** Based on your account balance above as of the date above and Department of Labor assumption requirements, which does not include projections for future contributions or future investment experience, your single-life annuity monthly payment at age 67 would be \$7.21 for the rest of your life; your qualified joint and 100% survivor annuity monthly payment at age 67 would be \$6.05 for the rest of your life and \$6.05 thereafter for the life of your surviving spouse/partner. Review the enclosed Lifetime Income Illustrations Statement Disclosure Supplement for details.

## What you have vested

This plan includes a delayed vesting provision that may apply to some or all employees. If the vesting provision applies to you, the vested status of any employer contributions and earnings are generally based on your length of employment at your employer. A vested percentage and vested market value is not currently displayed for any participants in this plan because the employer currently maintains this information. This message is not intended to describe your personal vesting status. Please see the plan's Summary Plan Description for more information about the vesting rules for this plan.



## THE FORSYTH INSTITUTE DEFINED CONTRIBUTION PLAN (Continued)

## Your investments

Annuity contracts and other investments	Number of units/shares	Unit/share price as of Jun 30, 2022	Value as of Jun 30, 2022	Percent of your total plan
<b>Pre-Tax Investments</b>				
<b>Multi-Asset</b>				
TRowePrice Rtmt I 2045 I	84.8608	\$14.7400	\$1,250.85	100.00%
Total Multi-Asset			\$1,250.85	100.00%
<b>Total value of your investments</b>			<b>\$1,250.85</b>	<b>100%</b>

## How the value of your investments changed this period

To view the current performance for your specific investments, log in to your account at [TIAA.org](https://TIAA.org) or you can visit [TIAA.org/performance](https://TIAA.org/performance) for general performance information.

Investments	Value as of Apr 1, 2022	Net result of transactions	TIAA interest/ Gain or loss	Value as of Jun 30, 2022
TRowePrice Rtmt I 2045 I	\$1,466.12	- \$0.49	- \$214.78	\$1,250.85
<b>Total value of your investments</b>	<b>\$1,466.12</b>	<b>- \$0.49</b>	<b>- \$214.78</b>	<b>\$1,250.85</b>

## Your transaction details

Processing date	Effective date	Description	Number of units/shares	Unit/ share price	Amount
<b>Fees</b>					
6/30/2022	6/30/2022	TIAA Plan Servicing Fee <sup>1</sup> TRowePrice Rtmt I 2045 I	- 0.0332	\$14.7400	- \$0.49
<b>Total Fees</b>					<b>- \$0.49</b>

<sup>1</sup>You will no longer receive individual confirmation statements for any plan servicing fees and credits that are transacted on your account. This information will continue to appear on your quarterly retirement savings portfolio statement.

## Information about your portfolio

Please review your statement and let us know promptly of any inaccuracies. To protect your rights, you should also notify us in writing. Unless we receive written notification within 60 days, we will assume our information is correct.

## Information about your portfolio - continued

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With respect to financial services provided by TIAA-CREF Individual & Institutional Services, LLC, please note that FINRA BrokerCheck is available to help you check the background of brokers and brokerage firms. FINRA has published an investor brochure that includes information regarding FINRA BrokerCheck. To learn more, please visit [www.finra.org](http://www.finra.org) or call 800-289-9999.

Per Notice 2017-09 withholding agents may forego issuing a corrected tax withholding and information return or statement if the error is under \$25 or \$100, respectively. It is TIAA's longstanding practice to issue an amended form for all information returns that contain a valid error. TIAA reserves the right to change this policy at any time and will provide notification, as well as written instructions on how to opt out, in the event the policy changes.

As a client of TIAA-CREF Individual & Institutional Services, LLC, we deliver a Client Relationship Summary (Form CRS) to you at various points of our relationship and a Regulation Best Interest disclosure to you whenever we make a broker-dealer recommendation. You can find the current versions of these disclosures that describe our services, accounts and products along with other resources here: [www.tiaa.org/regbi](http://www.tiaa.org/regbi), or request that we send them to you by calling 800-842-2252.

**Diversified and Well-Balanced Portfolio:** To help achieve long-term retirement security, you should give careful consideration to the benefits of a well-balanced and diversified investment portfolio. Spreading your assets among different types of investments can help you achieve a favorable rate of return, while minimizing your overall risk of losing money. This is because market or other economic conditions that cause one category of assets, or one particular security, to perform very well often cause another asset category, or another particular security, to perform poorly.

It is also important to periodically review your investment portfolio, your investment objectives, and the investment options under the Plan to help ensure that your retirement savings will meet your retirement goals. For more information or additional resources regarding individual investing and diversification, visit the Internet website of the Department of Labor at [www.dol.gov/agencies/ebsa/laws-and-regulations/laws/pension-protection-act/investing-and-diversification](http://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/pension-protection-act/investing-and-diversification).

If you invest more than 20% of your retirement savings in any one company or industry, your savings may not be properly diversified. Although diversification is not a guarantee against loss, it is an effective strategy to help you manage investment risk. In deciding how to invest your retirement savings, you should take into account all of your assets, including any retirement savings outside of the Plan. No single approach is right for everyone because, among other factors, individuals have different financial goals, different time horizons for meeting their goals, and different tolerances for risk.

**Fees and Expenses:** The cumulative effect of fees and expenses can substantially reduce the growth of your retirement savings. Visit the Department of Labor's Web site for an example showing the long-term effect of fees and expenses at [www.dol.gov/agencies/ebsa/about-ebsa/our-activities/resource-center/publications/understanding-your-retirement-plan-fees](http://www.dol.gov/agencies/ebsa/about-ebsa/our-activities/resource-center/publications/understanding-your-retirement-plan-fees). Fees and expenses are only one of many factors to consider when you decide to invest in an option. You may also want to think about whether an investment in a particular option, along with your other investments, will help you achieve your financial goals. Expenses to pay for the administration of your plan(s) may be paid directly by you through the reduction of your account balance and reflected in the Plan Transaction Detail section of your quarterly statement. For the preceding quarter, plan administration expenses may also be paid from the total annual operating expenses of one or more of the plan's designated investment alternatives.

Portions of this statement provide information about specific transactions that have occurred during the quarter. Other portions of the statement provide information about the total number of units or shares held in your account, gains and losses during the quarter, account balances and other account related information. Each entity listed in this statement may contract with other entities for services related to the described activities. Annuity products are issued by TIAA (Teachers Insurance and Annuity Association), New York, NY.

Transactions in securities, including variable annuities, are effected by TIAA-CREF Individual & Institutional Services, LLC, as agent ("TC Services").

Account information for TIAA and CREF fixed and variable annuities is provided by TIAA as issuer, or by TIAA on behalf of CREF as issuer.

Your right to direct investments or transfer funds may be subject to certain limitations and/or restrictions under your employer's plan, if applicable and the terms of any funding options. Contact your Benefits Manager or call TIAA at 800-842-2252 if you have questions.

## Information about your portfolio - continued

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Personalized Rate of Return is an estimate of the performance of the assets in your retirement portfolio maintained by TIAA during the period specified. The figure: (1) includes expenses, interest and dividend payments; (2) includes contributions and withdrawals, weighted by the number of days between the date of contribution or withdrawal and the end of the quarter; (3) excludes the performance of products purchased through TIAA's brokerage window and retirement healthcare program; and (4) may be different from the return of the individual funds or other investment options included in the portfolio. If your retirement portfolio included cash outflows or inflows the figure may differ from your actual rate of return depending on market volatility following these cash flows. The Personalized Rate of Return is based on the Modified Dietz Method of evaluating performance. Past performance is not a guarantee of future results.

**Retirement Income Projection Assumptions:** Sample Lifetime Retirement Monthly Income at age 65 is not based upon your current asset allocation. It is based on your current end of quarter balance (excluding Minimum Distribution Option contracts and Transfer Payout Annuity contracts that are withdrawn in cash or transferred to other financial institutions) from your Portfolio Summary and does not consider assets outside those identified in this Quarterly Report. The Current EOQ Balance is projected to grow until retirement according to the following assumptions: the 12-month average of your total employer and personal contributions shown in the chart, each projected to grow 3% annually reflecting assumed inflation increases, as well as a non-guaranteed hypothetical annual asset growth rate of 6% until age 65. Accumulations in Interest Only contracts are assumed to remain at their current levels.

Sample Lifetime Retirement Monthly Income is based on using a single life annuity with a 10 year guarantee period starting at age 65. The amount of lifetime income reflects an annuity payout rate based upon an assumed interest rate of 4% and the mortality assumptions used in computing current total income under TIAA pension payout annuities. This projected income at retirement is discounted 3% annually to reflect the income amount in today's dollars. Your actual account performance will differ, and may be higher or lower. These charts are for informational and educational purposes only and do not constitute advice. Sample values shown are estimates and not guarantees and do not reflect federal/state taxes or investment fees and charges.

**TIAA Traditional:** A guaranteed annuity issued by Teachers Insurance and Annuity Association of America (TIAA). Your principal and accumulated interest earnings will never decrease and your savings will earn interest at competitive rates which are declared in advance. These interest rates will always be greater than or equal to the guaranteed minimum rate in the contract which is either 3% or 1- 3% depending on the contract. Additional amounts of interest beyond the minimum guaranteed amount may be declared on a year-by-year basis by TIAA's Board of Trustees. The additional amounts, when declared, remain in effect through the "declaration year", which begins each March 1 for accumulating annuities and January 1 for payout annuities. Additional amounts are not guaranteed for periods other than the period for which they have been declared. **When you retire, TIAA Traditional can provide you (or you and a spouse or partner if you elect) with guaranteed income for life.**

TIAA Traditional is designed primarily to help meet your long-term retirement income needs; it is not a short-term savings vehicle. Therefore, some contracts like Retirement Annuity (RA), Group Retirement Annuity (GRA) and Retirement Choice (RC), include restrictions on withdrawals or transfers. **These features have typically allowed us to pay 0.50% to 0.75% more interest than under contracts that don't have these provisions.**

If you do not elect lifetime income and you have an RA contract, you may transfer or withdraw from TIAA Traditional in 10 annual installments. If you have a GRA or RC contract and do not elect lifetime income a full or partial lump sum payment from TIAA Traditional may be available for 120 days after your employment ends and a 2.50% surrender charge will be deducted. All other withdrawals and transfers from TIAA Traditional are paid in 10 annual installments (GRA) or 84 monthly installments (RC).

If you have a Supplemental Retirement Annuity (SRA), Group Supplemental Retirement Annuity (GSRA), Retirement Choice Plus (RCP), IRA or Keogh contract, full or partial withdrawals and transfers are available from the TIAA Traditional account without any charges. As a result of this flexibility, these contracts have typically paid lower interest rates than the contracts described above.

TIAA Traditional is a guaranteed insurance contract and not an investment for federal securities law purposes. All guarantees are based on TIAA's claims-paying ability. Past performance is no guarantee of future results. Transfers and withdrawals are also subject to the rules of your plan.

## Information about your portfolio - continued

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**Effective Date:** The date as of which the contribution unit/share price, transfer or payment began or ceased participating in the investment results of the investment option or account.

**Processing Date:** The date on which the transaction (contribution, transfer or payment) is processed by TIAA. We will furnish you, upon written request, the time when the transaction took place. "Processed" means when amounts are credited (for purchase) or debited (for redemptions) to you. Any transactions processed after the close of this quarter will appear on your next quarterly statement.

**Gain/Loss:** The change in portfolio balances due to : (i) Unrealized Gains/Losses from investment holdings (including variable annuity accounts) after expenses are deducted, (ii) Other Gains/Losses and (iii) TIAA Interest. Only Other Gains/Losses are shown in the Transaction Detail sections of this statement.

**Portfolio Summary:** A high-level overview that totals all your retirement and savings assets together and shows you how this value changed from the beginning Apr 01, 2022, and from the beginning of the year to, Jun 30, 2022

**Asset Allocation:** A breakdown of how your total retirement portfolio is allocated across six major asset classes - equities, fixed income, real estate, multi-asset, money market and guaranteed. For the illustrative pie chart asset class percentages may be rounded to the nearest full number percentage.

**TIAA Plan Servicing Fee:** A fee paid to TIAA for the costs of recordkeeping, administrative, compliance and participant services that TIAA performs on behalf of the plan sponsor.

**Lifetime Income Illustrations Statement Disclosure Supplement**

Statement Period: April 01, 2022 to June 30, 2022

This statement provides you with information about how much monthly income you could collect at retirement based on your current account balance. The estimated monthly payments in this statement are for illustrative purposes only; they are not a guarantee. Having this information now may help you plan how much money to save for your retirement.

Your account balance(s) are shown below as of June 30, 2022.

- THE FORSYTH INSTITUTE DEFINED CONTRIBUTION PLAN \$1,250.85

Below are estimates of how much money you could receive each month if you were to receive payments in one of the following two payment forms:

1. A single life annuity is an arrangement that pays you a fixed amount of money each month for the rest of your life. Following your death, no further payments would be made to your spouse or heirs.  
If you receive payments in this form, we estimate you would receive amounts shown below per month starting at retirement.
  - THE FORSYTH INSTITUTE DEFINED CONTRIBUTION PLAN \$7.21
2. A qualified joint and 100% survivor annuity is an arrangement that pays you and your spouse a fixed monthly payment for the rest of your joint lives. In addition, after your death, this type of annuity would continue to provide the same fixed monthly payment to your surviving spouse for their life.  
If you receive payments in this form, we estimate you would receive amounts shown below per month starting at retirement and, after your death, your surviving spouse would receive amounts shown below per month.

Plan	You	Spouse
THE FORSYTH INSTITUTE DEFINED CONTRIBUTION PLAN	\$6.05	\$6.05

An annuity with a lower survivor percentage may be available, and reducing the survivor percentage (below 100%) would increase monthly payments during your lifetime, but would decrease what your surviving spouse would receive after your death.

The following information is to help you understand these estimated monthly payments.

- The estimated monthly payments in this statement assume that your account balance is 100% vested and, if you have taken a loan from the plan and you are not in default, the loan has been fully repaid.
- The estimated monthly payments in this statement assume that payments begin Jun 30, 2022 and that you are 67 on this date. Monthly payments beginning at a younger age would be lower than shown since payments would be made over more years. Monthly payments beginning at an older age would be higher than shown since they would be made over fewer years.
- The estimated monthly payments for a qualified joint and 100% survivor annuity in this statement assume that you are married with a spouse who is the same age as you (even if you do not currently have a spouse, or if you have a spouse who is a different age). If your spouse is younger, monthly payments would be lower than shown since they would be expected to be paid over more years. If your spouse is older, monthly payments would be higher than shown since they would be expected to be paid over fewer years.

- The estimated monthly payments in this statement are based on an interest rate of 2.94%, which is the 10-year constant maturity U.S. Treasury securities yield rate as of Jun 01, 2022, as required by federal regulations. This rate fluctuates based on market conditions. The lower the interest rate, the smaller your monthly payment will be, and the higher the interest rate, the larger your monthly payment will be.
- The estimated monthly payments in this statement are based on how long you and a spouse, who is assumed to be your age, are expected to live. For this purpose, federal regulations require that your life expectancy be estimated using gender neutral mortality assumptions established by the Internal Revenue Service.
- The estimated monthly payments in this statement are the same whether you are male or female. This is required for annuities payable from an employer's plan. However, the same amount paid for an annuity available outside of an employer's plan may provide a larger monthly payment for males than for females since females are expected to live longer.
- The estimated monthly payments in this statement are based on prevailing market conditions and other assumptions required under federal regulations. If you decide to purchase an annuity, the actual payments you receive will depend on a number of factors and may vary substantially from the estimated monthly payments in this statement. For example, your actual age at retirement, your actual account balance (reflecting future investment gains and losses, contributions, distributions, and fees), and the market conditions at the time of purchase will affect your actual payment amounts.
- Unlike Social Security payments, the estimated monthly payments in this statement do not increase each year with a cost-of-living adjustment. Therefore, as prices increase over time, the fixed monthly payments will buy fewer goods and services.